

The Archie Foundation

We're here for you



The Archie Foundation Newsletter January 2025

Dear Friend

Is it too late to wish you a Happy New Year?! I hope that 2025 is off to a great start for you and yours and that it's a good year all round. It's certainly a special one for The Archie Foundation as we celebrate 25 years of making the difference for local children and families. So much has been done and achieved in that quarter century and yet there's still so much more to do. That's why we are so grateful for your continued support.

There are two really simple and FREE things you can do right now that could make a huge difference: 1) [vote for The Archie Foundation to become one of the Press & Journal's Community Fund charity partners this year](#) and 2) encourage all your colleagues, friends and family to do the same (after you cast your own vote, share the link on WhatsApp or other social media - be sure to mention why we're worthy of their vote).

Included below are a couple of recent examples of Archie's work and services that this potential funding and your continued support can help safeguard for another crucial year. There's a whole host of ways you can directly get involved - I look forward to seeing and/or hearing from you soon!

Best wishes

Paula Cormack

Chief Executive

Cast Your Vote for The Archie Foundation With The P&J Community Fund

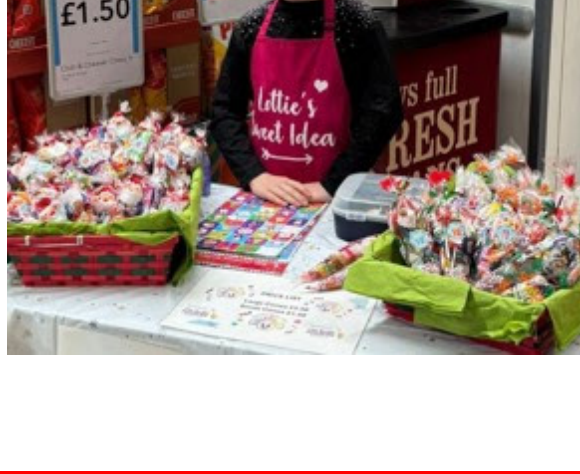


Last year the Press & Journal Community fund raised and donated £126,000 to support local charities. This year we are incredibly fortunate to have been shortlisted and we now need your help in the public vote. It will only take a minute of your time, and that minute could prove to be priceless!

On behalf of the babies, children and families this funding could help, [thank you for you for making the time to vote.](#)

Lottie's Fabulous Fundraising Proves More Than Just A Sweet Idea

Nine year old Lottie Anderson is a chip of the old blocks when it comes to fundraising! Born at 32 weeks and weighing just 3 lbs 8¼oz, Lottie spent the first 23 days of her life in Aberdeen's Neonatal Unit. She and her family have been fundraising ever since, to say thank you to the amazing staff who saved Lottie's life and to help make the biggest difference they can for other families who need neonatal support and care. Lottie had a really sweet fundraising idea - making and selling sweetie cones for the charity. This photo was taken at Kintore Co-op on Christmas Eve last year when local shoppers helped boost her fundraising to well over £2,000! If you feel inspired to follow Lottie's lead, drop us a line today!



ACBS Teen Group Activity Day Proudly Supported By Leonardo Hotel, Aberdeen

Our Teen Activity Days are a really important opportunity for young people who have suffered the loss of a loved one to share experiences and offer peer support in a safe and supported environment. Leonardo Hotel staff hosted a Teen Day with a

difference, inviting our teens to create a magical dining experience to say a very special thank you to their loved ones, for all the support provided through their tough times. The Leonardo team even showed the teens how to set a table, how to plate, serve and clear dinner - all important life skills for the future. Their guests were over the moon with the surprise and a fantastic evening was had by all. We're always on the look out for new experiences and opportunities for activity days - could your workplace support something like this? If so, we would love to hear from you!



Archie Lends A Hand To Support Occupational Therapists' Learning & Development

One of the ways Archie helps improve experiences and outcomes for young patients is by investing in training and upskilling for the NHS staff who care for them. We recently funded paediatric occupational therapists to attend a range of different "hand therapy" training courses, looking at different approaches to improve dexterity among children whose development is hindered by illness, injury or health conditions. We were delighted to be invited to attend their "Hand Training Day" when team members presented what they had each learned, discussing and debating the merits of different approaches and collaboratively developing their own best practice.



I recently had the enormous privilege of meeting an incredibly brave couple who wanted to share with me how much Archie's support had meant to them at the most difficult time of their lives. As they prepared to say goodbye for the last time to their beautiful two year old boy, poignantly named Archie, they were given a "Heart In Their Hand" package, funded by The Archie Foundation. Archie's parents placed this tiny silver heart in his hand as they said their final goodbye and all staff who would care for and support his final journey were made aware how important it was that it remain forever in his grasp. This little heart provides a constant connection with his family who treasure their matching keepsake, a beautiful reminder of the love they shared. This was only possible thanks to the generosity of people like you and Archie's parents wanted to express their gratitude for the difference that your support meant to them in their darkest moments. Thank you so much for caring.



Freya And Her Mum Ponder Fundraising To Pay It Forward For The Next Family

Gorgeous young Freya has Down Syndrome and suffers from perthes, a condition which disrupts growth of her thigh and hip bones causing her pain and limiting movement of her hip. She relies a lot on her buggy to be able to access and enjoy the great outdoors but was rapidly outgrowing her first buggy, which we were delighted to provide. Laurie shared this beautiful photo and a message of thanks to Archie supporters "It's honestly been a godsend - a life saver which enables us to take Freya out on forest walks. Freya is always signing she wants to be in the forest but tires easily or her hip gets sore. She is unused so often and misses a lot of school so it's well used in the forest when she's too tired to walk but appreciates being out in nature all wrapped up."

Laurie is pondering how she and Freya could get involved in fundraising to help raise money so Archie can be here for other families too. We suggested [Archie's Marathon March](#) but it seems [Archie's Hill Challenge](#) has more caught their eye!



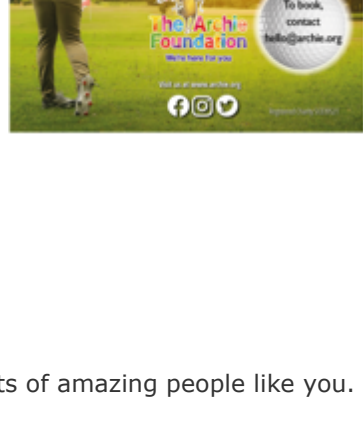
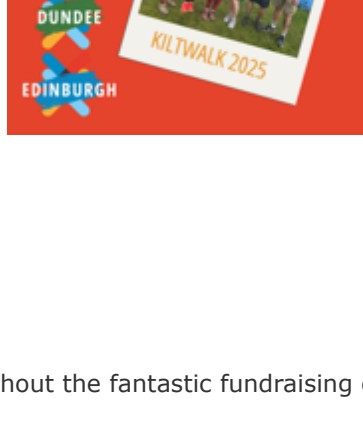
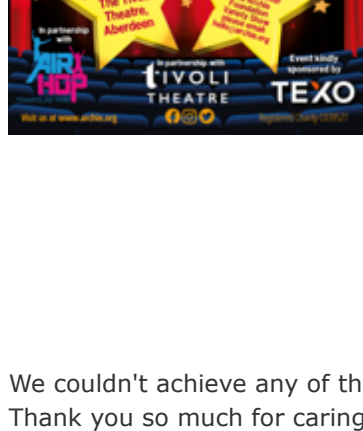
You Helped Make 2024 One Of The Archie Foundation's Best Years Yet

Direct support for
3,385
babies and children

We've spent a good part of January crunching numbers and evaluating the impact of Archie's work in 2024 I'll share more on this soon, but for now I'll leave you with a topline snippet... We improved on every single one of our measures, which means another year of record numbers of local babies, children and families supported. YOU helped make this possible! Thank you so very much.

Together Let's Make The Archie Foundation's 25th Year Our Best Ever!

We have a whole calendar of events for Archie supporters to get involved with this year - [Marathon March](#), [Archie's Variety Show](#) in April, lots of active pursuits through the summer ([running](#), [cycling](#), [golfing](#), [skydiving](#), [hill climbing](#)...) and then our [Disco Ball](#) in August (but be quick - discounted 'early bird' ticket prices end tomorrow!). I'm really looking forward to seeing you soon, and hopefully often!



We couldn't achieve any of this without the fantastic fundraising efforts of amazing people like you. Thank you so much for caring!



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today



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